

Class Descriptions

Summer Express 2013

Arts:

Drama Club (Session 1 only): Theatre games, costuming and props set the stage for a fun-filled time as students are guided through the production and performance of their very own show! We begin with the basics of acting, learning techniques in stage presence, vocal projection, character development, and script analysis. We'll learn about the different parts of a production such as costume and set design, directing and stage managing. Participants will build self-esteem, be inspired to develop individual talents, and realize the artist that lies within each of them. Camp concludes with a live performance!

Get Up and Dance: Get up and dance to hip hop beats and other pop hit music! This dance camp features exciting dance moves along with basic techniques that improve coordination, stamina and overall fitness. Dance steps are introduced slowly in an easy to understand language. As students sharpen their moves and refine footwork, choreography is introduced. Instruction is broken down to simplify the learning process, thereby helping to instill confidence in all dancers. Program culminates with a dance showcase!

Knitting and Crochet: Come have fun exploring a whole new world of yarn crafts. Participants will learn finger knitting, straw weaving, dying yarn and how to create their very own loom. No prior knitting experience necessary.



Mixed Media Art: Participants will develop new skills and techniques as they learn about artists and artist styles. Kids will experiment with charcoal pencils, pastels, watercolor and more. Your child will discover their inner muse.

Origami: Discover the ancient art of paper folding. In our origami class, students learn basic folding techniques used to create an endless variety of origami models. Students will decorate their own special papers and use their folding skills to create projects and games. This program is suitable for children of all ages as a wide range of designs are presented. Students begin with simple models and move on to more complicated levels. While origami is a fun and educational art form it also supports other learning areas such as math and science concepts.

Piano/Keyboarding: This class provides an introduction to piano for students who are new to the keyboard, to encourage further study in music, or initiate a life-long hobby of piano playing. Class will use basic techniques to introduce kids to reading sheet music, feeling and understanding rhythm, and playing simple songs.

Pottery: Pottery making can stimulate the brain and eye, and trigger artistic expression in children. In this class participants, will learn to create from clay, with the three basic methods of hand building: Coiling, pinching and slab work. Students will create bowls, statues, mugs and more.

Summer Express Glee Club: Dance, act, and sing to your favorite songs from musicals and the radio! This program focuses on the different elements of group productions and essential performing skills that include character building, stage presence, and movement. We'll learn about the different parts of a productions such as costume and set design, directing and stage managing. Participants build self-esteem, are inspired to develop individual talents, and realize the artist that lies within each of them. The finale will star the entire cast in a variety show!

Class Descriptions At A Glance:

Arts	Pg.1
Special Interests	Pg. 2
Sports	Pg. 3

Special Interests:

Chess Skills: Lessons will include fundamental rules, movement of pieces, capturing, and strategies. Chess is an excellent mental exercise that enhances logic skills and increases problem solving capacity. No chess experience is necessary.



Computer Essentials: This class will enhance student's computer skills by exploring a wide variety of computer software. Participants will gain knowledge in applications and tools that will equip the student to be able to manage, present and share information using computer and internet technologies. Students will learn to navigate the web safely, create presentations, play online games, and more.

Creative Writing (9-13yrs only): This class will allow students to write and explore different styles to express their ideas clearly and articulately. Instruction will be given on a variety of writing including: short story writing, non-fiction writing, narrative and descriptive writing. Your child will explore their creative side while achieving a higher level of academic excellence. All students will be encouraged to bring their imagination and voice to their writing within a safe, fun and engaging environment.

Kindergarten Club (5&6yrs only): Students will continue practicing early fundamentals in subject matter, such as letters, numbers, concepts, outdoor games, arts and craft, and other fun hands on activities. Students must either have completed Kindergarten or be entering Kinder in the fall of 2013. Students will stay in one classroom for all four periods.



Let's Get Cooking: Students will learn basic cooking along with other culinary

skills in a hands on setting that emphasizes fun. Kids will prepare delicious snacks, meals and desserts. At the end of each session all recipes will be compiled into a cookbook to be taken home.

Science (Session 1 Only) Marvels of Motion: Do you like to move it? Then join Bernoulli, Newton and the Wright Brothers in this exploration of aerodynamics, gravity, inertia, movement and more! Use a vortex generator to create air pockets with a punch, levitate ping-pong balls and learn the forces that effect flight. Recreate some famous experiments that explore the force of gravity, the center of gravity and even defy gravity. See the amazing powers of density, surf some sound waves and marvel in the magic of magnets.

Science (Session 2 Only) Bio Blast:

Get ready to dig into flora and fauna in this exploration of the world of biology. Students will use micro slide viewers to see some of the tiny cellular machines that keep our bodies working, and will play the "cell game" to learn more about the "stuff" inside cells. Fun experiments will help students understand more about their senses, brains, breathing, circulation and digestion. Students will create model cells, make mad mucus and do experiments with our "digester inspector." We'll discover what Mr. Owl had on his dinner plate as we dissect owl pellets, and have fun finding and magnifying nature's smaller critters, from insects to pond slime.

Self Defense for Kids: This course will help equip your child with knowledge and strategies to protect themselves in potentially dangerous situations. Children will learn to be more confident and aware in their surroundings. The single most important thing to remember when teaching children



about "strangers" is to instill confidence and basic knowledge.

Singing for Fun: Students will learn basic singing techniques and vocal training. Emphasis will be on the personal improvement and individual development of the student's singing abilities. No prior experience required.

Spanish: ¡Vamos a hablar Español! This class will teach participants the basics of the language: the alphabet, colors, numbers, days of the week, the months, simple phrases and salutations, all of which will be used in conversation, reading and writing. There will be songs and games to help with learning. ¡Venga a divertirse! (Come have fun!)

Sports:

Basketball: Players will receive personal instruction on individual skill development such as passing, footwork drills, rebounding, and shooting.



Karate for Kids: Learn the art of Shotokan. Students will learn how to execute proper punches, blocks and kicks. This class is designed to promote awareness, confidence and self-esteem.

Rollerblade Clinic: Participants will learn the basic skills and safety precautions to skating. Skaters of all skill levels are accepted. **Inline skates, helmet, and pads are required.**

Roller Hockey Clinic: The class is designed to help beginners, intermediate and advance players improve their skills in all aspects of the game. Participants will receive personalized instruction on individual skill development such as skating, stick control, passing and shooting. **Inline skates, helmet, and pads are required.**

Swimming: Learn basic strokes and skills to develop into an all-around swimmer. Participants will be grouped with those of similar ability. Water safety and swim instruction will be provided. **Please bring a swimsuit, towel and sun block.**



Tennis: Learn the basic skills of tennis: Forehand, backhand, serving and volleys. The class will also develop sportsmanship, social skills, and motor skills with an opportunity for enjoyment and challenge of the game. **Please bring your own racket.**

Water Polo (10-13 years only): This introductory class will teach the basics of this popular Olympic sport. Each session will cover the game rules, basic strategy, swimming skills and include practice games. Students should be able to swim one pool length using front and back crawl with ease.

Please bring a swimsuit, towel and sun block.

